



STOPPIT-3 & STOPPIT-M NEWSLETTER

M

June 2023



WELCOME!

Welcome to the June edition of the STOPPIT-3 newsletter. We hope you all enjoyed the May bank holidays!

Our total number of live sites for STOPPIT-3 remains at 12 although we have had several SIVs this month so hope to have more sites recruiting soon.

Recruitment total is now **17!**

Well done all teams and thank you for all your hard work.

RECRUITMENT

Congratulations to the First, Last, Middle recruiters!

Look out for something in the post ...

First – Bradford 04/05/2023

Middle – South Tees 10/05/2023

Last – Bolton, 17/05/2023

Well done all teams, especially to Jenny Butler and George Goodaire at Bradford, Lynn Whitecross at South Tees and Emma Tanton at Bolton.

TRIAL NEWS

Lauren's baby

Congratulations to Lauren. Baby Finlay Craig was born on 25th April.

Congratulations also to Bradford

Royal Infirmary for recruiting a STOPPIT-3 participant on 4th May, which was closest to Finlay's birth date!

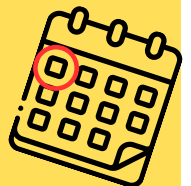
Monthly Trial Chats

A wee reminder that you can join us for a trial chat! Last Thursday of every month, the next one will be Thursday 29th June at 12:30 on Teams.

Screening Logs

Gentle reminder to please send your screening logs for May to us via STOPPIT.Trial@ed.ac.uk

We really appreciate all your hard work in completing these and it is really helpful to see the information you are giving us.





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SPOTLIGHT ON THE STOPPIT-3 RESEARCH TEAMS

We thought we'd ask teams to be in the spotlight, not just for our monthly recruitment chat at the Drop-in sessions, but because we love hearing about everyone who contributes so much to our own trial's research.



Edinburgh Royal Infirmary

This month we're asking Indira Kemp and Anna Preston of the RIE team. (They had to agree, we know where their room is in the hospital...!).

1. Q: Who makes up the research team at the RIE?

A: The Edinburgh Pregnancy Research Team (EPRT) encompasses a diverse group of academic researchers, medics, midwives and laboratory staff.

Professor Sarah Stock is STOPPIT-3's CI.

Professor Rebecca Reynolds is the CI for STOPPIT-M.

Dr Rosie Townsend, is the STOPPIT-3 PI, (and therefore gets ALL the questions from Indira... Thank you! 😊).

Dr Laura Stirrat is the PI for STOPPIT-M.

We're lucky to have quite a few Research Midwives in the team: Indira Kemp is the lead Research Midwife for STOPPIT-3 &

STOPPIT-M, with Anna Preston supporting. Jessica Thompson, (currently on maternity leave) & Shona Low, (Senior Research MW) were instrumental in setting up the studies. Em Thompson, Sarah Donaldson and Rosie Jenks provide back up to Indira and Anna with recruitment and tissue collection.

Jayne Brady (Senior Lab Technician) was also integral to the setting up of STOPPIT-M. Jayne, Liam McGrandles (Lab Technician) and Wendy Mak (Research Practitioner) are involved in STOPPIT-M tissue collection and responsible for processing. Jayne and Liam are also the study contacts for STOPPIT-M tissue supplies.



2. Q: Tell us a little bit about how you each started in research, what was your first trial?

A: Anna – I always had an interest in research whilst working as a clinical midwife, I made the jump into a research role last year and it has been great learning new skills and working with the team here in Edinburgh! The first trials I worked on were STOPPIT-3, STOPPIT-M and Born in Scotland (which is a non-CTIMP cohort study). It has been a nice and broad introduction to pregnancy research!



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SPOTLIGHT ON THE STOPPIT-3 RESEARCH TEAMS CONTINUED

Indira - STOPPIT-3 and STOPPIT-M are my first trials! Which felt a bit daunting before we opened to recruitment, but now we're up and running it's absolutely fine. I'm really enjoying it. I also help with other EPRT studies. I'm currently on secondment and joined the team last year. I have an interest in research as I'm passionate about improving perinatal care and research feels like a good way to do this.

3. Q: What are the main challenges of the STOPPIT-3 trial, and/or research in general?

A: Anna - I think anyone who works in research will agree that recruitment is the hardest challenge! Especially for any study with very specific participant eligibility like STOPPIT-3. We have been very lucky to have so many wonderful participants showing a real interest in the study.

Indira - I agree that recruitment is a challenge for research in general. Specifically for STOPPIT-3 I'd say that twin pregnancies are even more dynamic and unpredictable than singleton pregnancies, which is the biggest challenge. Some months we only have two women/pregnant people who are

eligible due to preterm birth and other exclusion criteria!

4. Q: What are the nicest bits of STOPPIT-3?

A: Anna - STOPPIT-3 is an amazing trial to be a part of, it is great to know we are helping to build a much needed evidence base for antenatal corticosteroids in late preterm/early term twins. It is also great getting to meet our amazing participants and discuss the study with them.

Indira - It's lovely getting to know the families and feel like we give a small piece of continuity in their journey. I also love knowing that regardless of outcome, this research will provide evidence to improve care in twin pregnancies.

5. Q: Tell us one fun fact about each team member:

A: Anna - A fun fact about me is I have pet guinea pigs! They are my favourite!

Indira - A fun fact... Hmm that's a tough one... Ooh, I actually have a twin fun fact! My grandmother had a twin brother. As a kid I wished I had a twin brother too, and also wanted to have twins myself but when I was pregnant (ten years ago now) I was a little bit relieved he was the only occupant in my womb!!



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RECRUITING TEAMS MAY 2023

We are delighted to now have 12 sites open to recruitment for STOPPIT-3, and 3 sites also open for STOPPIT-M!

<input checked="" type="checkbox"/>	NHS Lothian, Edinburgh Royal Infirmary	7
<input checked="" type="checkbox"/>	Bradford Teaching Hospitals NHS Foundation Trust, Bradford Royal Infirmary	3
<input checked="" type="checkbox"/>	South Tees NHS Foundation Trust, The James Cook University Hospital	3
<input checked="" type="checkbox"/>	The Mid Yorkshire Trust, Pinderfields Hospital	2
<input checked="" type="checkbox"/>	Chesterfield Royal Hospital NHS Foundation Trust	1
<input checked="" type="checkbox"/>	Royal Bolton Hospital. Bolton	1
<input checked="" type="checkbox"/>	East Lancashire NHS Trust, Royal Blackburn and Burnley Hospitals	
<input checked="" type="checkbox"/>	Ninewells Hospital, Dundee	
<input checked="" type="checkbox"/>	North Lincolnshire & Goole NHS Foundation Trust	
<input checked="" type="checkbox"/>	North Tyneside General Hospital, Northumbria Healthcare NHS FT	
<input checked="" type="checkbox"/>	Royal Devon University Healthcare NHS Foundation Trust, Royal Devon & Exeter Hospital	
<input checked="" type="checkbox"/>	Somerset Foundation Trust, Musgrove Park Hospital, Taunton	
	TOTAL	17

CONTACT THE EDINBURGH TRIAL TEAM:

- Denise Cranley - Trial Manager - Denise.Cranley@ed.ac.uk
- Lisa Derr - Trial Manager - Lisa.Derr@ed.ac.uk
- Karen Ponder - Assistant Trial Manager - Karen.Kilcoyne@ed.ac.uk
- Lorraine Adamson - Administrator - L.D.Adamson@ed.ac.uk
- Office Telephone - 0131-651-9925 (direct)
- Trial email - STOPPIT.Trial@ed.ac.uk