



# STOPPIT<sup>3</sup> & STOPPIT-M NEWSLETTER

# M

October 2022

## A WELCOME MESSAGE

Welcome to the latest edition of the STOPPIT-3 and STOPPIT-M trial newsletter.

In this edition we are excited to give an update on the First Investigators' Meeting. We are also highlighting STOPPIT-M, a nested mechanistic study.

## STOPPIT-3 AND STOPPIT-M FIRST INVESTIGATORS' MEETING

Our First Investigators' Meeting was held in London on the 30th September 2022 and was a huge success. Thank you to everyone who came!

Look out for the Question and Answer document we created from questions asked on the day.

Thank you to the panel members and speakers, and to Dirty Market Theatre Company for creating such an informative and enjoyable day.



All panel members at the STOPPIT-3 & STOPPIT-M First Investigators' Meeting agreed this is an important study that needs to be done

## SPOTLIGHT ON STOPPIT-M

STOPPIT-M is a mechanistic study linked to STOPPIT-3.

In STOPPIT-M we aim to explore how antenatal corticosteroids (ACS) work and why responses to ACS vary between babies.

Sites that are participating in STOPPIT-3 and have laboratories able to handle samples can participate. We will be collecting maternal blood sample and cord blood, placenta and amniotic fluid from twins, looking at cortisol levels in these samples. Email the STOPPIT team for more information: [stoppit.trial@ed.ac.uk](mailto:stoppit.trial@ed.ac.uk)



Exploring infant hypothalamic-pituitary-adrenal axis responses following antenatal corticosteroids and perinatal outcomes



STOPPIT-M

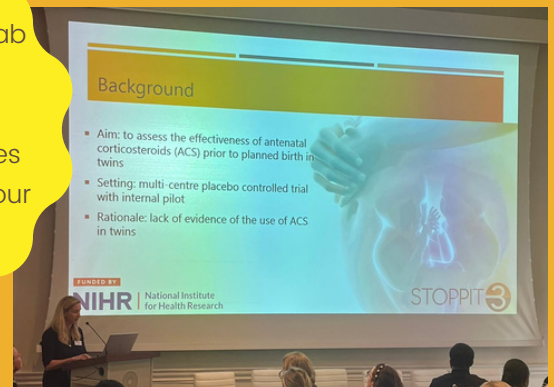
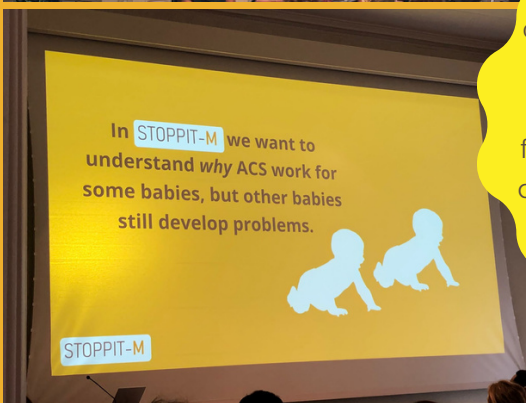
[stoppitstudy.co.uk](http://stoppitstudy.co.uk)

### STOPPIT SNIPPETS FROM THE FIRST INVESTIGATORS' MEETING



The Panel Discussion highlighted just how much is open to interpretation and how this leads to varying practice across the UK, with some hospitals routinely offering ACS prior to any elective caesarean birth up to 38 weeks, and others only using them on a case-by case basis when >32 weeks. The most recent Greentop Guideline 74 is less "black and white" than the previous guideline, and research on singleton pregnancies is usually extrapolated and applied to multiple pregnancies.

Please keep checking the news tab on our website [stoppitstudy.co.uk](http://stoppitstudy.co.uk) for updated resources and highlights from our First Investigators' Meeting.



### SITE UPDATES:

- We now have one site open to both STOPPIT-3 and STOPPIT-M; and a second site open to STOPPIT-3!
- Recruitment has started at both these sites.
- Six sites have R&D approval
- 12 sites have completed their SIV (or have one booked)
- Overall 32 sites have agreed to take part so far.

### FRIENDLY REMINDERS:

- If you haven't submitted your feasibility form yet but are still interested in joining the study, please return your form via [stoppit.trial@ed.ac.uk](mailto:stoppit.trial@ed.ac.uk)
- If your site has a planned SIV date, please ensure you complete the mandatory training via the Thinkific link shared with you over email