



# STOPPIT 3 & STOPPIT-M NEWSLETTER



December 2022



It's nearly Christmas. This means it's...

## COMPETITION TIME!

Please send us a picture of you and/or the team in your best Christmas outfits - jumpers, hats, elf outfits, flashing earrings etc! A prize will be awarded for the most festive image.

Entries to be with us by 16th December 2022 – please send to the trial inbox [STOPPIT.Trial@ed.ac.uk](mailto:STOPPIT.Trial@ed.ac.uk).

Judging will be overseen by Twins Trust. Winners will be notified before Christmas and published in the January newsletter so that everyone can see them!



## SITE UPDATES:

- We have four sites open to recruitment!
- Edinburgh Royal Infirmary
  - Chesterfield Royal Hospital
  - Royal Devon & Exeter Hospital
  - East Lancashire NHS Trust (Royal Blackburn and Burnley Hospitals)
- Hello, and welcome to all the new teams!
- There are several sites hovering on the cusp of opening, we are just waiting for all the final pieces of paper to be signed and filed. We look forward to having you on board!





## December 2022



### STOPPIT-3 AT THE BMFMS

It was good to see a gathering at the BMFMS in Birmingham. Thanks to all who visited the STOPPIT-3 table (next to the giant Christmas tree on the ground floor). Our collaborators from Twins Trust were with us on 17th November and shared the Christmas spirit (although we were all agreed that one loop of Christmas tunes was not enough).

We are hoping to see everyone at the NIHR National RH&C Research Champions Groups Symposium in January 2023 (weather and transport permitting)!



Natasha Fenwick (Twins Trust) on the left, Lorraine Adamson on the right. Shauna Leven, CEO of Twins Trust, was also with us (although isn't in any of the photos for some reason)



### CONTACT THE EDINBURGH TRIAL TEAM:



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The STOPPIT-3 table next to the resplendent Christmas tree!



Please note that the University closes for the holidays at 5pm on Thursday 22nd December 2022, re-opening on Wednesday 4th January 2023.



Wishing you all a great Festive Season and a Happy New Year. See you in 2023!