



STOPPIT **3** & STOPPIT-**M** NEWSLETTER

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August 2023



WELCOME!

We're well and truly into summer now... not that it feels like it in Edinburgh! Although it is typical weather for the Edinburgh Festivals, as any tourist to Edinburgh in August can probably agree!

Recruitment total is now **24** with **13 sites open** and a few more to open soon. Well done all teams!

Hope everyone is enjoying any well earned annual leave!

Don't miss our Spotlight on Bradford Royal Infirmary research team (page 3) to learn what STOPPIT-3 has to do with Gandalf's beard!



TRIAL NEWS

NEWS

Screening Logs

Please send all (paper) historic screening logs up to the end of June 2023 to us via STOPPIT.Trial@ed.ac.uk

The screening logs have now moved to REDCap, so please add anyone onto the screening log on REDCap from July 2023 onwards. You do not have to re-enter anyone from the paper historical screening logs already sent to us. We really appreciate all your hard work in completing these.



Photo from Unsplash stock images

Gandalf photo from <https://www.independent.co.uk>



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RECRUITMENT



Congratulations to the First, Last, Middle recruiters! Look out for your Barry White congratulatory gift...

First – Ninewell, Dundee

Middle – Unfortunately no Middle Contenders so Barry White doesn't have everything this month!

Last – Pinderfields Hospital, Mid Yorks



Congratulations to both teams and look out for something nice in the post!



Photo from Unsplash stock photos

TRIAL POSTERS

A wee reminder that we now have STOPPIT-3 trial posters!



Email us if you don't have any yet, or if you need more.

The next Drop-in Chat will be held on Thursday, 28th September 2023 at 12.30pm, all teams will be invited



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STOPPIT-3 TEAM SPOTLIGHT: BRADFORD ROYAL INFIRMARY

This month the research team at Bradford Royal Infirmary are in the 'Spotlight hot seat'. Thank you so much to the team, it's a brilliant read and the fun facts are fascinating!

Who makes up the research team at Bradford Royal Infirmary?

Janet Wright – Principal Investigator

Omar Al-Shakhshir – Associate Principal Investigator

Kari Swettenham – Senior Research Midwife

Jennifer Syson – Senior Research Midwife

Jenny Butler – Research Midwife

Georgina Goodaire – Research Midwife

Jade Barnes – Research Midwife

Tell us how you each started in research/what was your first trial?

Janet – I remember as a trainee being involved in the ASTECS steroid study and CAESAR study (giving my age away!)

Jen S – I started in research on a research midwife secondment in 2009 after being part of a collaboration group to design a new study. I loved it and went for a 1 day per week secondment to the research team recruiting on

Opptimum, PPROMPT and the Twin Birth Study.

Kari – I completed a PG Dip in Clinical Research Methods with the intention of moving into Research. I began my first post in Oct 2017 as Research Midwife in Bradford as started working on ANODE, PITCHES and PREP.

Jen B – My interest in research started whilst working on the antenatal ward caring for women with pre-eclampsia, I enjoyed helping to collect data for STAMP and then applied for a secondment in 2012, and have been here ever since.

What are the main challenges in STOPPIT3 Trial and/or research in general?

Janet – Reassuring women that this isn't a 'new' drug we are trialling which we haven't used before! Also hoping they don't deliver before 35 weeks if they want to take part in the study!

Kari – it can be challenging maintaining engagement! We are working in a highly stretched and pressurised clinical environment so maintaining engagement can be hard but worthwhile!

Jen B – our biggest challenge is having women who are eligible to approach in the first instance and then reassuring women (and their families) that the study isn't trialling a new drug but is hoping to



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SPOTLIGHT ON THE STOPPIT-3 RESEARCH TEAMS CONTINUED

provide evidence whether an existing drug is beneficial or not to women delivering twins in the late pre-term period.

What are the nicest bits of STOPPIT3?

Janet - Having more conversations with women about how research improving the care we can provide to women and babies.

Jen B - I get to meet the women antenatally in clinics whilst speaking to them about research but then as my clinical shift is on the postnatal ward, I sometimes get to meet the women and their babies too.

Tell us one fun fact about each team member?

Janet - I'm a dog lover with 2 German shorthaired pointers, one of whom was rescued from Crete & likes to chew & destroy shoes if not adequately supervised!

Jen S - My step-dad is a human hair merchant and made the hair for the Lord of the Rings films. Gandalf's beard is made of hair from the groin of a Yak!

Kari - For the last few years I have been a leader at our local Beavers group. We had our first big joint Beavers, Cubs



and Scouts camp a couple of weeks ago. It was fantastic to see all the youngest kids joining in and working with the older kids and successfully tackling obstacle courses and activities that they had never seen before and were scared off! A great achievement for them all!

Jen B - I like making cocktails at home and make a lovely pornstar martini, these are well received during gatherings with friends and family.

Jade - I am a Rounders England trained umpire and currently play in the women's West Yorkshire Rounders League. The team I play for is called 'Eldwick All Rounders'.

Georgina - I ended up sat a few seats away from Michael Jackson at a west end show in 2009. Needless to say I spent more time watching him than the show.

Thank you Bradford Royal Infirmary research team. I'll never think of Lord of the Rings in the same way again!



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RECRUITING TEAMS JUNE 2023

We are delighted to now have 13 sites open to recruitment for STOPPIT-3, and 3 sites also open for STOPPIT-M!

<input checked="" type="checkbox"/>	NHS Lothian, Edinburgh Royal Infirmary	7
<input checked="" type="checkbox"/>	The Mid Yorkshire Trust, Pinderfields Hospital	5
<input checked="" type="checkbox"/>	Bradford Teaching Hospitals NHS Foundation Trust, Bradford Royal Infirmary	4
<input checked="" type="checkbox"/>	South Tees NHS Foundation Trust, The James Cook University Hospital	3
<input checked="" type="checkbox"/>	Ninewells Hospital, Dundee	2
<input checked="" type="checkbox"/>	Chesterfield Royal Hospital NHS Foundation Trust	1
<input checked="" type="checkbox"/>	Royal Bolton Hospital. Bolton	1
<input checked="" type="checkbox"/>	Royal Devon University Healthcare NHS FT, Royal Devon & Exeter Hospital	1
<input type="checkbox"/>	East Lancashire NHS Trust, Royal Blackburn and Burnley Hospitals	
<input type="checkbox"/>	North Lincolnshire & Goole NHS Foundation Trust	
<input type="checkbox"/>	North Tyneside General Hospital, Northumbria Healthcare NHS FT	
<input type="checkbox"/>	Somerset Foundation Trust, Musgrove Park Hospital, Taunton	
<input type="checkbox"/>	South Tyneside & Sunderland NHS FT, Sunderland Royal Hospital	

TOTAL

24



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