



# STOPPIT<sup>3</sup> & STOPPIT-M NEWSLETTER

# M



November 2023



## HELLO!

Welcome to the STOPPIT-3 and STOPPIT-M November Newsletter!

See details on our **imminent substantial amendments** on **this page**. We have some awesome prizes up for grabs and other STOPPIT-3 news on **page 2**. Our recruitment update is on **page 5**. And see **page 3** for some **participant feedback!**

As ever, if you have any questions don't hesitate in contacting the STOPPIT-3 trial team, contact details on **page 7**.



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## UPCOMING AMENDMENT

Our most recent substantial amendment (**SA06**) will be implemented on **Monday 6th November**. We'll be asking teams for the following:

- Protocol signature page V9 signed by the PI
- All staff to update the training log once the training slides/protocol have been reviewed.

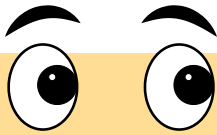
The training slides will be sent out the week commencing 6th November.

## STOPPIT-3 TEAM NEWS

Yes, our very own **Denise Cranley**, took part in the 2023 Irish Life Dublin Marathon and completed the course, in **just over 5 hours**, despite the wet and rainy conditions!

Over 22,500 people entered the 2023 marathon, which is in its 42nd year. It is Ireland's largest marathon event, and the fourth largest in Europe. A new course record was set by the winner, Kemal Husen, with a time of two hours, six minutes and 52 seconds.

**Congratulations** Denise! We are so proud of you for finishing such a tough challenge.



## RECRUITMENT PRIZES!

The team with the **most recruits in November 2023** will **win** a **L'Occitane advent calendar**:



**Any team** who **recruits a participant in November 2023** will be entered into a **raffle** for a **LEGO City advent calendar**:



One recruit = 1 'ticket'.

Names will be drawn out of the hat at the end of the month and sent out immediately to the lucky winning team.



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## PARTICIPANT FEEDBACK!

This month we spoke to Rachel\* about her experience participating in STOPPIT-3 and STOPPIT-M!

**Hi Rachel, thank you for speaking to us today! First off, I wondered if you could explain why you chose to take part in STOPPIT-3 and STOPPIT-M?**

We took part as it felt very low risk while hopefully supporting the development of medical research and knowledge that can make a difference for future families.

**How did you find the experience of participating?**

We were given many opportunities to ask questions and to opt out of the research participation at any moment. There was a bit of extra time added onto appointments to get information, provide consent, and I had to come in the day before my induction for the first injection. However ultimately, this actually revealed that our 'Twin 1' had changed position and this further observation gave us the information to make a new plan for our



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birth, which changed from being an induction to a caesarean surgery. The caesarean was also booked in more promptly than would otherwise perhaps have been possible, and Rosie from the research team led the surgery which provided us with some continuity of care while we met a lot of different staff members in hospital. The actual injections were in themselves very simple and I cannot even remember them, it just felt like it slotted into the wider hospital experience and care. However I do remember samples being taken from the babies, in particular their hair being cut although they had so little - but it was done with such care and ultimately it was not noticeable and did the babies absolutely no harm of course. We met a few research students who shared in the excitement of the birth of our twins, but there was always the constant of Rosie and Indira who we built a relationship with during our participation and when they came to see the twins after their birth.



### PARTICIPANT FEEDBACK CONTINUED

#### Finally, why would you recommend someone else take part?

Participation was very simple despite there being quite a bit of consent and information required. It is possible to opt out at any moment. It feels important to contribute to medical research when you can - since we all benefit from it. We built somewhat of a relationship with the research staff as they were there before, during and after the birth and they are the only hospital staff we are able to continue having some contact with since the birth of our twins.

#### Thank you Rachel!

\*Participant requested she be called Rachel in feedback



### DATES FOR THE DIARY

**Monday, 6th November - Substantial Amendment (SA06) will be implemented**  
See page 1 for full details.



**Wednesday, 15th November at 16:30 - STOPPIT-3 PI Meeting**  
A chance for STOPPIT-3 PIs to speak to the STOPPIT-3 Chief Investigator Team. Although aimed at PIs, other members of the research team are welcome to attend.

**Thursday, 30th November 2023 at 12.30pm - Monthly Drop-In Chat**  
Our monthly drop in chats are relaxed online Teams meetings where you can raise any questions, and teams can share recruitment tips.

# Recruitment Update – October 2023

Recruiting Team	Total Recruits	Recruits this month
NHS Lothian, Edinburgh Royal Infirmary & St John’s Hospital Livingstone	9	
The Mid Yorkshire Trust, Pinderfields Hospital	7	
Bradford Teaching Hospitals NHS Foundation Trust, Bradford Royal Infirmary	4	
South Tees NHS Foundation Trust, The James Cook University Hospital	3	
Ninewells Hospital, Dundee	2	
Somerset Foundation Trust, Musgrove Park Hospital, Taunton	2	
South Tyneside & Sunderland NHS FT, Sunderland Royal Hospital	3	1
Chesterfield Royal Hospital NHS Foundation Trust	1	
Royal Bolton Hospital. Bolton	1	
Royal Devon University Healthcare NHS FT, Royal Devon & Exeter Hospital	1	
<b>Total</b>	<b>33</b>	<b>1</b>



# STOPPIT-3 and STOPPIT-M Sites

**Birmingham Heartland's Hospital**

**Bradford Teaching Hospitals NHS Foundation Trust, Bradford Royal Infirmary**

**Chesterfield Royal Hospital NHS Foundation Trust**

**East Lancashire NHS Trust, Royal Blackburn and Burnley Hospitals**

**Leeds St James' Hospital**

**Liverpool Women's Hospital**

**The Mid Yorkshire Trust, Pinderfields Hospital**

**NHS Lothian, Edinburgh Royal Infirmary & St John's Hospital Livingstone**

**Ninewells Hospital, Dundee**

**North Lincolnshire & Goole NHS Foundation Trust**

**North Tyneside General Hospital, Northumbria Healthcare NHS FT**

**Princess Royal Maternity Hospital, Glasgow**

**Queen Elizabeth University Hospital, Glasgow**

**Royal Bolton Hospital. Bolton**

**Royal Devon University Healthcare NHS FT, Royal Devon & Exeter Hospital**

**Somerset Foundation Trust, Musgrove Park Hospital, Taunton**

**South Tees NHS Foundation Trust, The James Cook University Hospital**

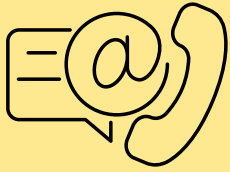
**South Tyneside & Sunderland NHS FT, Sunderland Royal Hospital**

**University Hospitals Coventry and Warwickshire NHS Trust**

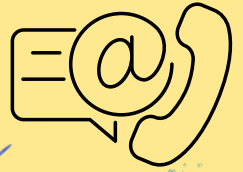




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